

STEP | TWIST



STEP TWIST TECHNICAL DATA

Braking system	hydraulic cylinder
Max user weight	100 Kg
Use	tone gluteus, thighs, legs and strengthen hips
Computer functions	strides/min, calories, time, count, scan
Handlebar	vertical adjustment.non slip and ergonomic handles
Motion	twist
Foot plates connection	mechanical with rocker arm
Weight	12 Kg
Set up size	660 x 480 x 1060 (h min.)/1240 (h max.) mm
Gross weight	13 Kg
Packing size	545 x 280 x 490 mm
Compliances	CE-ROHS-EN957