

AB|FORCE

SPACE-SAVING



A multi functional exercise machine which enables an effective and flexible training of back, arms, hips, abdominal, legs and gluteus muscles. Comfortable and safe toning and cardio exercises thanks to the padded rolls for elbows and knees. The multiple angle adjustment makes AB Force suitable for each training level. Easy to storage thanks to the space saver folding mechanism.

AB-FORCE TECHNICAL DATA

Max user weight	100 Kg
Console	with LCD display
Functions	count/min, time, calories, scan
Weight	8,6 Kg
Set up size	980 x 835 x 550 mm
Folded size	550 x 170 x 1300 mm
Packaging	poster box
Gross weight	11 Kg
Packing size	995 x 175 x 575 mm
Compliances	CE-ROHS-EN957

