

multi-purpose benches

everfit

WBK 600 FLEXI FIT

MULTI-PURPOSE BENCH
WITH ELASTIC ROPES

FOLDABLE



WBK-600 TECHNICAL DATA

Max structure weight (user + loaded weights)	120 Kg
Saddle	padded with two-tone covering
Saddle size	250 x 280 x 40 mm
Backrest	padded with two-tone covering
Backrest size	260 x 600 x 40 mm
Backrest incline	adjustable on 4 levels (4-54°)
Arms	adjustable on 7 levels with elastic ropes
Structure	rectangular heavy-duty steel tubing 30 x 70 x 1,5 mm
Rollers	high density foam
Weight	16,5 Kg
Set up size	1250 x 650 x 1240 mm
Folded size	1200 x 560 x 300 mm
Gross weight	18 Kg
Packing size	1320 x 400 x 145 mm
Compliances	CE EN ISO 20957-1



abdominals

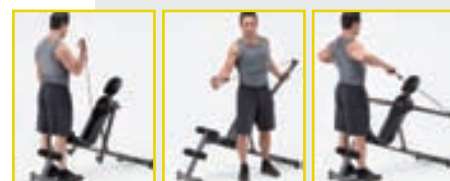
biceps - pull ups



lower abdomen

lateral raising shoulders

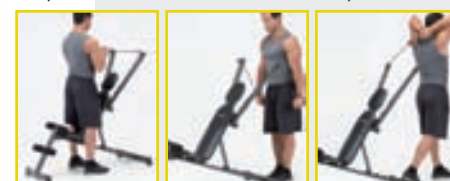
lateral deltoids



biceps

shoulder rotation

triceps



triceps

triceps

shoulders-pull ups



shoulders - pushes

dorsal muscles - pushes



dorsal muscles

pectorals - cross



pectorals

rowing - bicep/dorsal

